

RESEARCH ARTICLE

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Climatic reconstruction at the Sannai-Maruyama site between Bond events 4 and 3—implication for the collapse of the society at 4.2 ka event

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Abstract

The Jōmon period/culture corresponds to the Neolithic period/culture in Japanese prehistory. The Sannai-Maruyama site (5.9–4.2 cal. kyr BP), the most famous, the largest, and the well-studied mid-Holocene (mid-Jōmon) archeological site inhabited by hunter-gatherers with sedentary lifestyle in northern Japan, started at early Bond event 4 and collapsed at late Bond event 3 (4.2 cal. kyr BP at the boundary between mid-Holocene, Northgrippian, and late-Holocene, Meghalayan), synchronous with the decline of the north Mesopotamian civilization and the Yangtze River civilization in China. Alkenone sea surface temperatures (SSTs), a proxy for early-midsummer SSTs, generally suggest that the early-midsummer SSTs (and atmospheric temperatures (ATs)) at 41° 00' N, 140° 46' E, about 20 km north to the Sannai-Maruyama site, located in Aomori Prefecture, peaked around 4.8–4.3 cal. kyr BP and showed minima at 5.9 and 4.1 cal. kyr BP. In spite of some discrepancy in short periods, this feature is consistent with that estimated from the assemblages of Ostracodas. $\delta^{18}\text{O}$ value of benthic foraminifera of *Nonionellina labradorica* and *Nonionella stella*, alkenone production flux, and pollen assemblages could reflect annual-based temperature, which generally suggests that the climate was warmer at 6.0–4.2 cal. kyr BP, which could show the warmer environments at 6.0–5.0 cal. than expected from alkenone SST in early-midsummer. Overall, northward shift of the westerly jet, in association with a strengthened East Asian Summer Monsoon, could cause a relatively warm climate around 6.0–4.3 cal. kyr BP, when the Sannai-Maruyama site flourished. High food production density, by effective *hansai* (selective preservation or growth) in *Castanea*- and *Aesculus*-dominated forests, up to one sixth of the rice production density, could have supported high population density, resulting large community at the Sannai-Maruyama site. Cooling episode at 4.2 cal. kyr BP could have resulted in the decline of chestnut *hansai*, leading to the collapse of the site. Recent results from a compiled archeological site map suggested no large decline of the population but, instead, a dispersal to the surrounding area at 4.2 cal. kyr BP. It is consistent with ancestral population dynamics for the descendent from Jōmon people, in contrast to those from the immigrants from Far East Asia to the Japanese Archipelago with paddy rice cultivation technology after 2.9 cal. kyr BP, based on modern Japanese molecular sequences.

Keywords: 4.2 ka event (Northgrippian/Meghalayan boundary), Asian Summer Monsoon, Mitochondrial DNA haplogroup, Alkenone, Hunter-fisher-gatherer, Jōmon, Yayoi, Bond event 3

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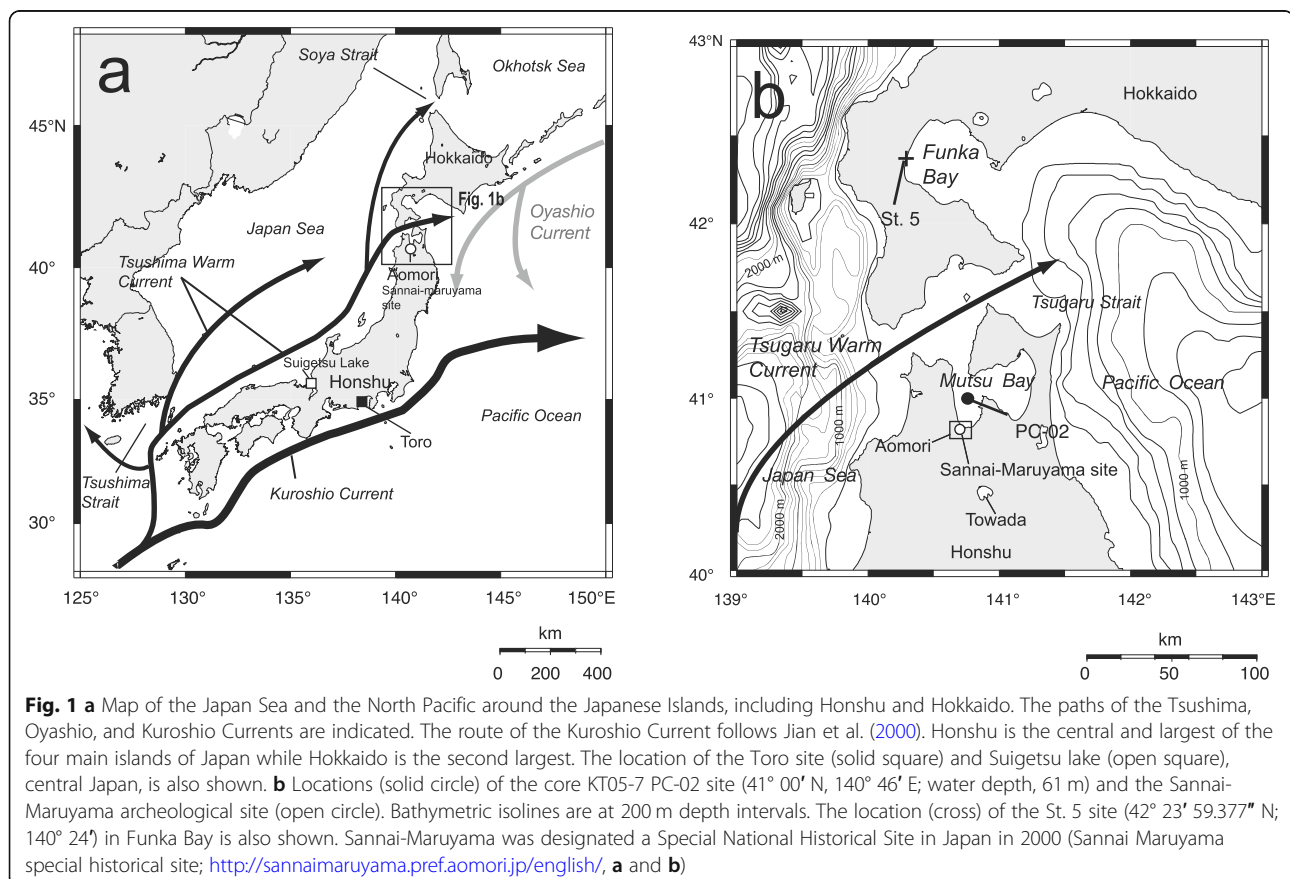
Introduction

Background

The post-glacial period of the last 11.7 kyrs, the Holocene, is characterized by the worldwide expansion of *Homo sapiens* and the development of civilizations, the oldest of which developed in eastern Africa around 200 kyrs ago (e.g., McDougall et al. 2005). It has been proposed that the Holocene can be sub-classified into Early, Middle, and Late stages, with an Early-Middle Holocene Boundary at 8.2 cal. kyr BP and a Middle-Late Holocene Boundary at 4.2 cal. kyr BP, by a Working Group of INTIMATE (International Commission on Stratigraphy). Each stage is linked to a Global Stratotype Section and Point (Walker et al. 2012). The former and latter boundaries generally correspond to Bond event 5 and late Bond event 3, respectively, since the Holocene climate was largely stable, but fluctuated appreciably with a cycle of 1500 ± 500 years (Bond et al. 2001). Especially, the Middle-Late Holocene boundary at 4.2 cal. kyr BP receives much attention because it coincides with a cultural shift caused by a global climate event.

Pottery is generally accepted as the main criterion for the Neolithic Epoch in the hunter-fisher-gatherer continuum of East Asian prehistory, where pottery preceded

agriculture by several millennia. In contrast, plant and animal husbandry developed prior to the emergence of pottery in the Near East, while pottery and agriculture appeared almost simultaneously in Europe (Kuzmin 2006). The earliest known class of pottery decorated with cord-pattern (*jōmon*) reliefs and stone arrowheads was produced during the coldest period of northernmost Honshu, Japan (Fig. 1a), around 16.0 cal. kyr BP (e.g., Nakamura et al. 2001; Kawahata et al. 2017a), when the Jōmon culture, the earliest major prehistoric Japanese culture, originated (Habu 2004). Among the best-known and most-studied mid-Holocene Jōmon archeological sites is the Sannai-Maruyama site in northernmost Honshu, Japan (Sannai Maruyama special historical site; <http://sannaimaruyama.pref.aomori.jp/english/>) (Fig. 1a, b). This site is particularly reputed for the exceptionally large permanent settlement (0.42 km²), larger than any other hunter-fishing-gatherer settlement of the 90,531 known Jōmon sites (The Agency for Cultural Affairs of the Japanese Government 2014; <https://www.nabunken.go.jp/nabunkenblog/2014/06/tanken23.html>; JOMON JAPAN; <https://jomon-japan.jp/en/>). It is highly likely that *hansaibai* (selective preservation or growth) of the *Castanea crenata* (chestnuts) and *Aesculus turbinata* (horse chestnuts) trees



was adapted as a food source to support the large population, although it has also been suggested that such agriculture was never introduced in the Jōmon period in Japan (Nakao 1976; Kitagawa and Yasuda 2004). Occupation of the site began around 5.9 ± 0.1 cal. kyr BP (coinciding with early Bond event 4), soon after the eruption of the Towada volcano (Fig. 1b) at 6.0 cal. kyr BP. It expanded to include many large communities and reach its population maximum at 5.2–5.0 cal. kyr BP. Some archeological researches have revealed that the Jōmon people extended the exploitation of plant food and marine resources and even carried out some management of environments and species (e.g., Tsuji 2001; Sato and Ishikawa 2004; Habu and Hall 2013). As a result, the organizational complexity in subsistence and settlement, reaching its high point with the population size, was suggested to have undergone significant expansion. Nonetheless, the community collapsed around 4.2 ± 0.1 cal. kyr BP (Habu 2004, 2008), at late Bond event 3, coinciding with a sudden cooling by 2.0°C induced by the change of the East Asian Summer Monsoon (EASM) (Fig. 2a, b) (Kawahata et al. 2009b; Kariya et al. 2016). Around this time, it was also reported that Suigetsu Lake, on the Japanese coast, about 700 km from the Sannai-Maruyama site, received frequent heavy rainfall (Fig. 1a) (Suzuki et al. 2016; Suzuki 2017). The Sannai-Maruyama site then remained uninhabited until the early warm Heian Period (nine to tenth century AD), great flourishing period in Japanese culture from literature to paintings (Sannai Maruyama special historical site; <http://sannaimaruyama.pref.aomori.jp/english/>) (Kawahata et al. 2017a, b).

Concomitantly, Sumer, arguably the first urban civilization in the world, emerged in southern Mesopotamia during the Uruk period (5.9 cal. kyr BP), located on the floodplain of the lower reaches of the Tigris and Euphrates rivers (Chandler 1987). At the same time, a North Atlantic cooling episode from ice-rafted debris at 5.9 cal. kyr BP caused one of the most intense Holocene aridification events in this region (Bond et al. 1997). The initial desiccation appeared in the Sahara at 5.9 cal. kyr BP, after previously humid conditions from 10.0 to 6.0 cal. kyr BP. This may have triggered events leading to the Early Dynastic period of ancient Egypt (Malville et al. 1998; Jolly et al. 1998; Claussen et al. 1999). Another important boundary at 4.2 cal. kyr BP occurred when an abrupt change to a cold and dry climate significantly influenced the collapse of the Neolithic culture in the Gansu-Qinghai region of China (Liu et al. 2010). Drought was widespread at 4.2 cal. kyr BP across Egypt and much of Africa, and this event may have been caused by weak monsoons induced by a change in the circulation of the North Atlantic (e.g., Gasse 2000). The episode led to its current climate and resulted in a temporary collapse of Egyptian civilization during pyramid building in the Old Kingdom. Droughts and fires plagued

the region, causing famine and social unrest at 4.2 cal. kyr BP (Stanley et al. 2003; Riel 2008). The Uruk period existed from the protohistoric Chalcolithic to Early Bronze Age period in the history of Mesopotamia (6.0–5.2 cal. kyr BP). In this area, the Akkadian Empire (4.3–4.15 cal. kyr BP) was the first ancient empire and prosperous country. However, this aridification was very likely to have also caused the collapse of the Akkadian Empire in Mesopotamia around 4.2 cal. kyr BP (e.g., Parker et al. 2006). It has been proposed that its onset could have resulted from the cooling event in the North Atlantic, known as Bond event 3 (Alley and Ágústsdóttir 2005). All these cultures experienced a major population decrease at approximately the same time due to aridification, often associated with cold climates (Walker et al. 2012), and generally similar to that estimated in Japan (Fig. 3b) (Biraben 1993, 2005; Kito 2000).

Problematic

Temperature is one of the most important environmental parameters. Alkenone sea surface temperatures (SST) and Ostracoda assemblages suggest warmer environments in the latter half of the period, between early Bond event 4 and late Bond event 3 in Mutsu Bay (Kawahata et al. 2009b; Irizuki et al. 2015). In contrast, the relative abundance of *Castanea* suggests colder environments in the same period (Fig. 2h). Chestnuts and horse chestnuts were important food for the Jōmon people, and it has been proposed that they were protected by *hansaibai* (derived from *han* and *Saibai*, i.e., half cultivation) (Nakao 1976; Kitagawa and Yasuda 2004). The northern limit of the distribution of *Castanea*, controlled by atmospheric temperature, is located in northernmost Honshu. Chestnut production was affected strongly by warmth of the climate or the relevant weather (Kitagawa and Yasuda 2004). Food availability and diversity, influenced by the climate, might, therefore, have controlled the prosperity/collapse of the site (Habu and Hall 2013). Although hunter-fisher-gatherers generally prefer an unsettled life, the large settlement size at Sannai-Maruyama suggests that a population center existed here for some time. After its collapse at 4.2 cal. kyr BP, there is a contention as to whether these people died out at late Bond event 3 or dispersed to smaller villages without significant overall population change in the Aomori Plain (Fig. 3b, c) (Sekine 2014).

Objective

The change in climate known as the 4.2 ka event (e.g., deMenocal 2001; Walker et al. 2012), corresponding to late Bond event 3, has received much attention because it is the boundary of the mid-Holocene (Northgrippian) and late-Holocene (Meghalayan) defined by the International Commission on Stratigraphy in July 2018 and

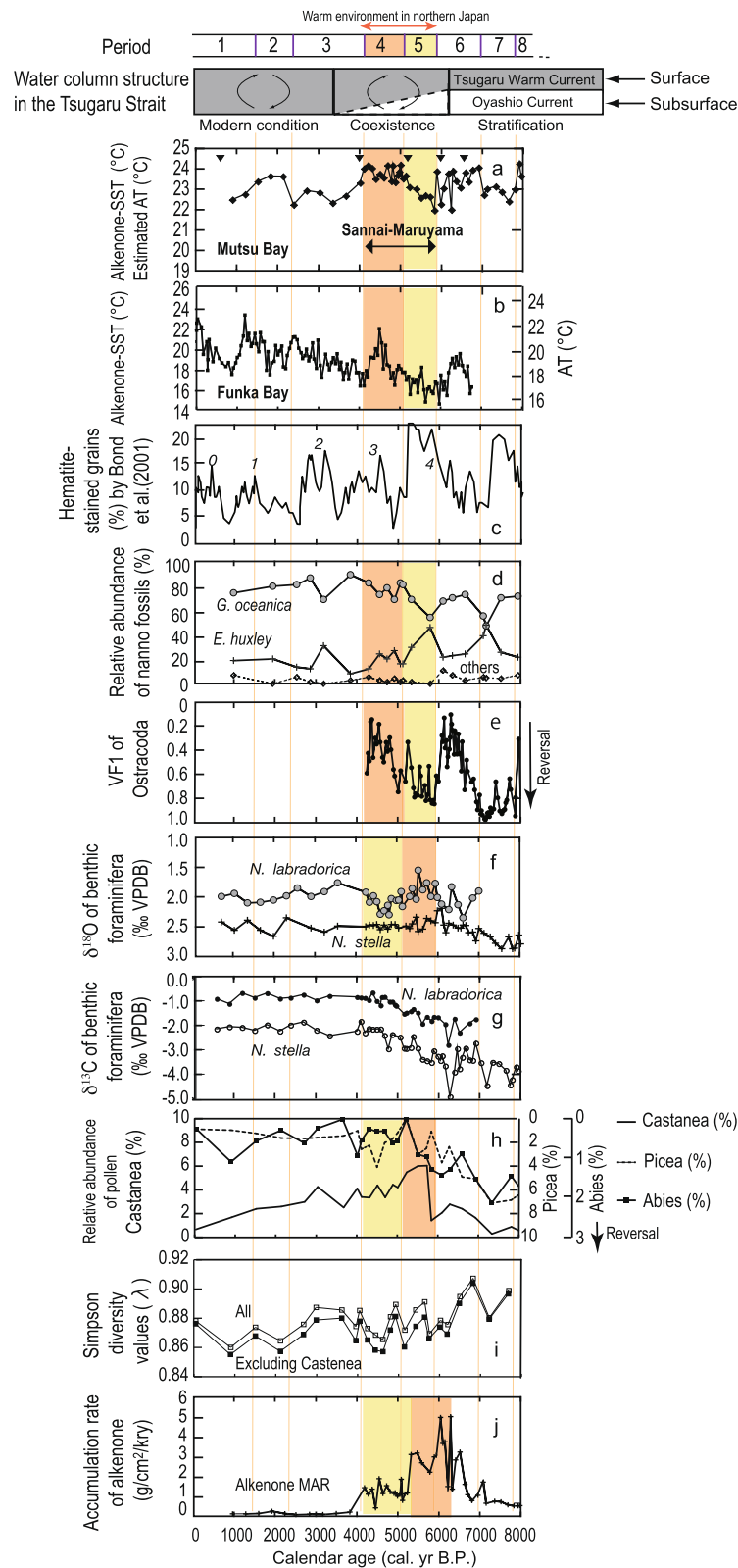


Fig. 2 (See legend on next page.)

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Fig. 2 Time series records of **a** alkenone SSTs and estimated ATs in Mutsu Bay with age-controlling points represented in solid reversed triangles (Kawahata et al. 2009b); **b** alkenone SSTs and ATs at St. 5 Funka Bay (Kawahata 2017); **c** content of hematite-stained grains as drift ice indices in the north Atlantic with the number of Bond events (Bond et al. 1997); **d** relative abundances of *Emiliania huxleyi* and *Gephyrocapsa oceanica*; **e** the first factor (VF1) of ostracods (Irizuki et al. 2015); **f** $\delta^{18}\text{O}$ values of benthic foraminifera (*Nonionella stella* (Cushman) and *Nonionellina labradorica* (Dawson)); **g** $\delta^{13}\text{C}$ values of benthic foraminifera (*N. stella* (Cushman) and *N. labradorica* (Dawson)); **h** relative abundances of *Castanea*, *Picea*, and *Abies* (Kawahata et al. 2009b); **i** Gini-Simpson index for pollen (upper: including *Castanea*, lower: excluding *Castanea*); and **j** accumulation rate of alkenone (Kawahata et al. 2009b). In the upper column, periods are classified based on the SST: periods 8 (8.3–7.9 cal. kyr B.P.), 6 (7.0–5.9 cal. kyr B.P.), 4 (5.1–4.1 cal. kyr B.P.), and 2 (2.3–1.4 cal. kyr B.P.) were characterized by warm alkenone SSTs with mean values of 23.4, 23.4, 23.8, and 23.5 °C, respectively. In contrast, periods 7 (7.9–7.0 cal. kyr B.P.), 5 (5.9–5.1 cal. kyr B.P.), and 3 (4.1–2.3 cal. kyr B.P.) were characterized by cold alkenone SSTs with mean values of 21.6, 22.8, 22.9, and 22.7 °C, respectively (Kawahata et al. 2009b). Orange and yellow shadings represent very and relatively warm environments, respectively, after the sea level was stabilized around 6.2 cal. kyr BP. The water-column structure of the Tsugaru Strait as reconstructed by Kuroyanagi et al. (2006) is shown in the second column. During 9.0–6.2 cal. kyr BP, the intensity of the Tsugaru Warm Current (TWC) was weak and the subsurface water remained under the influence of the cold Oyashio Current. The modern oceanographic regime was established at 6.2 cal. kyr BP, when the subsurface waters began to warm as a result of the enhanced flow rate of the TWC. Only TWC flows along the Tsugaru Strait since 3.4 cal. kyr BP. Light gray shading represents water influenced by warm currents

has been cited as a plausible explanation for the collapse of major ancient civilizations in Egypt, the Indus Valley, and Mesopotamia (Cullen et al. 2000; Stanley et al. 2003; Staubwasser et al. 2003). However, the causal factors behind them remain ambiguous. In this paper, the climatic/environmental fluctuation between early Bond event 4 and late Bond event 3 in northern Japan is estimated using new data for the stable isotopic compositions of benthic foraminifera and the relative abundance of coccoliths, as well as by re-evaluation of previously published, but unexamined, Ostracoda and pollen data and alkenone accumulation rate. Within this framework, the relationship between the density of food production and the prosperity/collapse of the site in association with climate change-influenced “hansai bai” can be discussed. Finally, the possibility of population dispersion to smaller villages is evaluated following the collapse of the main community at the Sannnai-Maruyama site.

Study area and materials

Study area and sediment samples

Mutsu Bay is located in northernmost Honshu, Japan, and is a shallow (mean depth, 40 m) bay measuring 1668 km² with a relatively flat floor (gradient < 2°) (Ministry of the Environment; https://www.env.go.jp/water/heisa/heisa_net/waters/mutuwai.html). It opens into the Tsugaru Strait (sill depth, 130 m) that connects the Japan Sea with the northwestern North Pacific (Fig. 1b). Monthly SSTs are 6–7 °C in February to March and 22–24 °C in August to September, with an annual mean SST of 15 °C (Japan Meteorological Agency; <https://www.data.jma.go.jp/gmd/kaiyou/data/db/kaikyoseries/engan/engan130.html>). During November to March, the uniform vertical profile reflects strong vertical mixing of the water column. The salinity is 32.0–33.6 at the surface and 33.2–34.0 at a depth of 30 m, because only small riverine fluxes enter Mutsu Bay. The salinity is, thus, comparable to that of the Tsugaru Strait (32.0–34.6)

(Automatic monitoring system in Mutsu Bay; <http://www.mutsuwanbuoy.jp/observation/>).

The warm Tsugaru Current is the main branch of the Tsushima Current and significantly influences the oceanographic setting of Mutsu Bay and the Tsugaru Strait (Fig. 1a). The Sea of Japan was isolated from the open ocean during glacial times due to the 130 m sill depth of the Tsugaru Strait (Takei et al. 2002). It has experienced different ocean environments in response to glacial-interglacial cycles (e.g., Sagawa et al. 2018; Tada et al. 2018; Irino et al. 2018). Rising sea levels established the modern oceanographic regime at 6.2–3.4 cal. kyr BP, when subsurface waters began to warm as a result of the enhanced flow rate of the Tsushima Current (Kuroyanagi et al. 2006).

The entire 865 cm length of the piston core PC-02 was collected at 61 m water depth at 41° 00' N, 140° 46' E (Fig. 1b) during cruise KT05-7 of the R/V Tansei. The core consists of very dark, greenish gray, homogeneous clay-grade sediment from the surface to 786 cm. One thin sand layer at 606–596 cm contains burrows, scattered mollusk shells, and sea urchin fragments. The sediments are comprised of very dark, grayish brown sandy silt or silt intercalated with sand layers from 786 to 855 cm and dark, olive gray, coarse sand below 855 cm, possibly representing dispersed ash layers (Kawahata et al. 2009b; Scudder et al. 2016).

Recent meteorological data (1981–2010) collected at Aomori City (40° 49' N, 140° 45' E, about 20 km south of the core site) show that monthly mean ATs have fluctuated between −1.2 °C (January) and 23.3 °C (August), with an annual and summer (June to September) mean ATs of 10.4 °C and 20.2 °C, respectively (Japan Meteorological Agency; <http://weather.time-j.net/Climate/Chart/aomori>). Average annual rainfall is 1290 mm, and the average annual duration of solar irradiation is 1687 h. The land is covered with snow for approximately 120 days each year. The prevailing wind direction is from the southwest except in June (when winds come from the

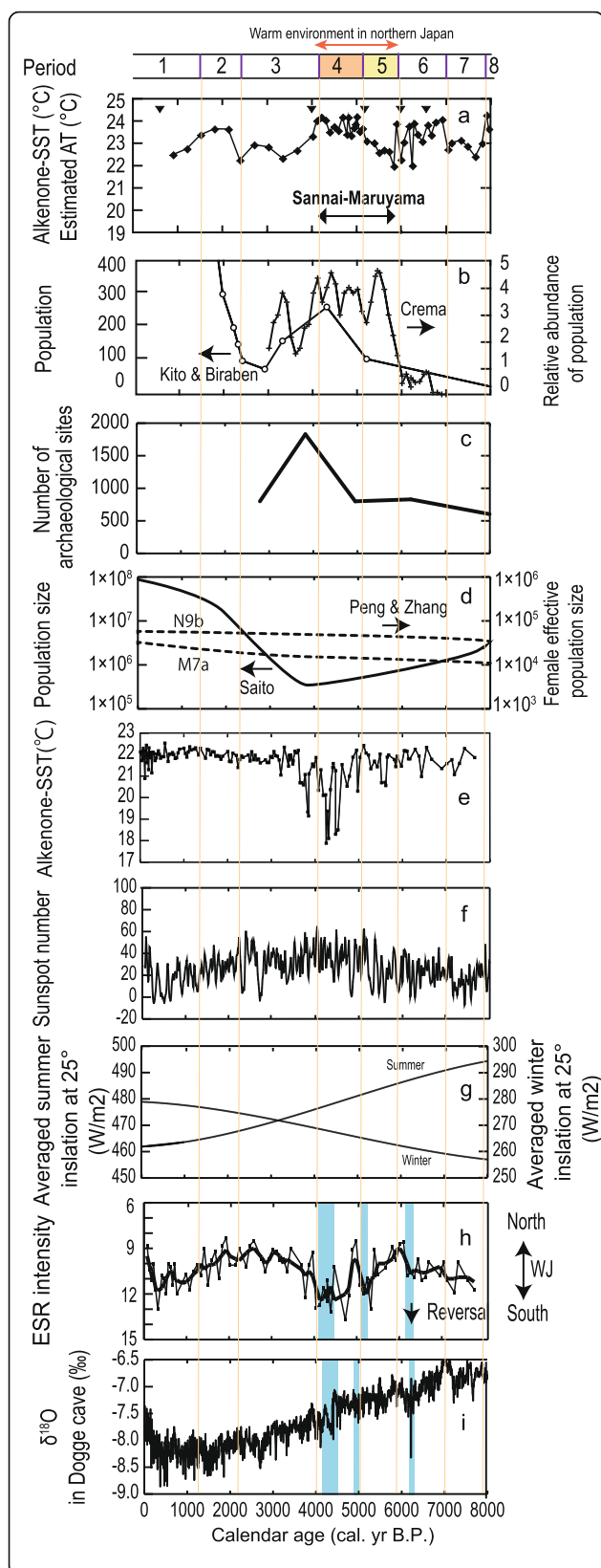


Fig. 3 Time series records of **a** alkenone SSTs and estimated ATs in Mutsu Bay with age-controlling points represented in solid reversed triangles (Kawahata et al. 2009b); **b** population (open circle) estimated by Kito (2000) and Biraben (1993, 2005) and the relative abundance of population at Jōmon sites (+) (Crèma et al. 2016); **c** number of archeological sites in Aomori (Sekine 2014); **d** relative population size of total Japanese people (solid line) by Saito (2017) and relative female effective population size (dotted line) of mitochondrial DNA haplogroups N9b and M7a, estimated by Peng and Zhang (2011); **e** alkenone SSTs at MD06-3050 (27° 43.36' N, 121° 46' 88' E) in the inner shelf of the East China Sea, off river mouth of the Yangtze river (Kajita et al. 2018); **f** sunspot numbers (Usoskin et al. 2007); **g** the summer and winter daily insolation at 55° N in the Northern Hemisphere for the last 8000 years (W m^{-2}) (Berger 1978); and **h** ESR intensity of fine silt-sized quartz particles in Japan Sea sediments (Nagashima et al. 2013), which is a proxy for the latitudinal shift of westerly jet stream, related to latitudinal shift of the East Asian Monsoon. Thin and thick lines indicate original data and the 3-point running mean, respectively. **i** $\delta^{18}\text{O}$ of the Dongge Cave stalagmites as a proxy for the intensity of the Far Eastern Asian Summer Monsoon (Wang et al. 2005). Blue color shadings between Bond events 4 and 3 in **h** and **i** represent southward shift of westerly jet and weaker summer monsoon, respectively

north-northwest) and July (when winds come from the north).

The Sannai-Maruyama archeological site

The Jōmon period (16.50–2.90 cal. kyr BP; hunter-fisher-gatherer period), based on analysis of the earliest known Jōmon pottery (Habu 2004, 2008; Kosugi et al. 2009), constitutes Japan's Neolithic period. “Jōmon” pottery is characterized by ceramics produced in an outdoor bonfire at a temperature of not more than approximately 900 °C. The Sannai-Maruyama site, located approximately 3 km south of Mutsu Bay (40° 49' N, 140° 42' E; altitude, 17–20 m; Fig. 1b), has been extensively excavated, uncovering large pit-dwellings, adult burial pits, burial jars for children, the remains of buildings supported by large and medium sized pillars, and numerous remains of animals and plants; no weapons have been found (Aomori Prefecture 2002). This evidence indicates that the site was permanently occupied by a large population with a well-developed culture. Although the Jōmon people are considered to have been semi-sedentary and collected food by hunting, fishing, and gathering, a few plant types, including chestnuts and horse chestnuts, were cultivated by *hansibai* to support the large population (Kitagawa and Yasuda 2004). In the *hansibai* phase, people did not plant seeds intentionally, but rather, extensive stands were developed by protecting trees from cutting (Nakao 1976).

Based upon the number of sites and houses, the first order estimates of the total population in Japan are ~ 20,000 in the early Jōmon (~ 8.0 cal. kyr BP), 260,000 in the middle Jōmon (~ 5.0 cal. kyr BP), and 80,000 in the late Jōmon (2.5 cal. kyr BP) (Biraben 1993, 2005; Kito 2000) (Fig. 3c). Crèma et al. (2016) compiled many ¹⁴C-dated

population proxies and tried to estimate population dynamics in the Aomori area, suggesting a rapid exponential increase between 6.0 and 5.5 cal. kyr BP, followed by a high density with some fluctuation between 5.5 and 4.1 cal. kyr BP and a decline with a large trough at 3.70 cal. kyr BP (Fig. 3b).

Analytical procedures

Methods of accelerator mass spectrometry radiocarbon dating are described in Kawahata et al. (2009b). The use of marine shells requires the additional consideration of reservoir age; however, this study estimated the age control without the residual reservoir age (ΔR) because Mutsu Bay is almost entirely isolated from the open ocean. ΔR from the Tsugaru Strait was estimated to be 34 ± 42 years (Yoneda et al. 2007). Raw ^{14}C data from shells were converted to calendar ages using the latest version of the Marine13 database (Reimer et al. 2013) and the OxCal 4.2.3 program (Ramsey 2009), the results of which are listed in Table 1.

Benthic foraminifera were used for stable isotope measurements due to the low occurrence of planktic foraminifera. Thirty specimens of *Nonionellina labradorica* (Dawson) and 40–50 specimens of *Nonionella stella* (Cushman) were collected. The detailed procedure for their study is as reported in Ohkushi et al. (2003). Analyses were conducted with an IsoPrime mass spectrometer fitted with an on-line automated carbonate preparation device (Micromass UK) found at the Geological Survey of Japan, National Institute of Advanced Industrial Science and Technology. The analytical precision of this system was better than 0.03‰ for $\delta^{13}\text{C}$ and $\delta^{18}\text{O}$ (Ohkushi et al. 2003) (see Table 2). Sample gases were calibrated for every run using the US National Institute of Standards and Technology calcite standard (NBS-19) and are reported as the per-mil deviation relative to the Vienna Pee Dee Belemnite standard. Quantitative estimates of summer AT

based on the high correlation between AT and alkenone SST are available in Mutsu and Funka Bays with analytical errors of 0.3 °C.

Pollen and spores were analyzed by the method of Kawahata and Ohshima (2002). To calculate the relative abundance of pollen and spores in sediments (grains g^{-1}), ~1 g of a freeze-dried aliquot was weighed, and then, 10% HCl was added to dissolve carbonates followed by HF treatment to remove siliceous matter. After density separation with ZnBr_2 , the samples were treated by Erdtman's acetolysis method and with 10% NaOH. Microfossil slides of the treated material were prepared by mounting in glycerin jelly. The palynological analyses were carried out under a Nikon Optiphot-2 microscope at magnifications of $\times 150$ and $\times 600$. At least 253 grains (380 grains on average) of pollen and spores were counted for each sample. Percentage values of each taxon were calculated in relation to the sum of the arboreal and nonarboreal (shrub and herb) pollen. A diversity index is a quantitative measure that reflects how many different species types are present in a particular pollen dataset. The Gini-Simpson index for pollen was calculated in core PC-02 (e.g., Gini 1912; Simpson 1949).

Results and discussion

Early-midsummer temperature in Mutsu and Funka Bays around 5.9–4.2 cal. kyr BP

Our discussion on SST focuses mainly on the period during which the Sannai-Maruyama site flourished (around Bond events 4–3) (Table 2). Alkenone SSTs record early-midsummer SSTs, when the highest biogenic production occurs around northern Japan (Takahashi et al. 1995; Kawahata et al. 2009a). Since paleo-SST was recently reconstructed at St. 5 in Funka Bay (Kawahata 2017), located on the opposite side of the Tsugaru Strait (Kawahata 2017), the SST can be evaluated for northernmost Honshu and southernmost Hokkaido, where many northern

Table 1 Sampled species, core depths, and results of radiocarbon dating

Sample type	Specific name	Sample no.	Depth (cm)	^{14}C age (yrs BP)	Calendar age (cal. yrs BP)
Mollusca	<i>Mizuhopecten yessoensis</i> (Jay)	1–2	3.3	1080 ± 80	630 ± 70
Mollusca	<i>Mizuhopecten yessoensis</i> (Jay)	2–6	27.5	4030 ± 100	4051 ± 144
Benthic foraminifera	Mixed species	2–6	27.5	4170 ± 90	4259 ± 126
Mollusca	<i>Leionucula tenuis</i> (Montagu)	2–43	111.5	4930 ± 90	5263.5 ± 141
Mollusca	<i>Ringiculina doliaris</i> (Gould)	3–28	177.4	5600 ± 110	6016.5 ± 127
Benthic foraminifera	Mixed species	3–28	177.4	5610 ± 100	6017.5 ± 117
Mollusca	<i>Mizuhopecten yessoensis</i> (Jay)	4–15	248.6	6160 ± 120	6591 ± 140
Mollusca	<i>Mercenaria stimpsoni</i> (Gould)	5–39	403.9	7830 ± 110	8283 ± 109
Mollusca	<i>Raetellops pulchellus</i> (Adams & Reeve)	8–6	633.9	9450 ± 90	$10,301.5 \pm 106$
Mollusca	<i>Macoma</i> cf. <i>tokyoensis</i> (Makiyama)	8–25	674.5	9490 ± 90	$10,342.5 \pm 113$

Table 2 Sampled core depths; ages; sea surface temperatures (SST); fluxes of C37 benthic foraminifera; relative abundance of pollens including *Castanea*, *Abies*, and *Picea*; and relative abundance of coccoliths

Sample no.	Depth (cm)	Age (cal. yrs BP)	C ₃₇ alkenone SST (°C)	C ₃₇ alkenone flux (μg cm ⁻² kyr ⁻¹)	<i>N. labradorica</i>		<i>N. Stella</i>		<i>Gephyrocapsa oceanica</i> (%)	<i>Emiliana huxleyi</i> (%)	The other coccoliths (%)
					δ ¹⁸ O (‰)	δ ¹³ C (‰)	δ ¹⁸ O (‰)	δ ¹³ C (‰)			
	3.3	0.63			1.99	−0.94	2.42	−2.16			
1–3	5.5	0.95	22.5	0.12	1.94	−1.14	2.56	−2.08	74.3	18.9	6.8
1–4	7.7	1.27	22.7	0.12	2.10	−0.70	2.39	−2.10			
1–5	9.9	1.59	23.4	0.14	2.09	−0.89	2.56	−2.23			
1–6	12.1	1.91	23.6	0.25	2.05	−0.71	2.66	−2.00	79.7	20.3	0
1–7	14.3	2.23	23.6	0.13	1.98	−0.93	2.35	−2.25			
2–1	16.1	2.50	22.2	0.08	1.85	−0.89		−2.01	81.1	13.5	5.4
2–2	18.4	2.83	22.9	0.10	1.99	−0.77	2.52	−1.89	86.5	12.2	1.4
2–3	20.7	3.16	22.8	0.09	1.91	−1.00	2.59	−2.22	68.9	31.1	0
2–4	23.0	3.49	22.3	0.14	1.76	−0.82	2.49	−2.45			
2–5	25.2	3.82	22.7	0.21					89.2	8.1	2.7
2–7	29.8	4.18	23.3	1.44	1.92	−0.87	2.50	−2.26			
2–10	36.6	4.27	24.0	1.11	2.09	−0.88	2.47	−1.86	82.4	12.2	5.4
2–13	43.8	4.37	24.1	1.37	1.98	−0.90	2.48	−2.33			
2–16	50.2	4.45	24.0	0.42	2.08	−0.99	2.46	−2.15			
2–19	57.0	4.54	23.5	1.89	2.29	−0.68	2.55	−2.18	73	24.3	2.7
2–22	63.8	4.63	23.7	1.14	2.23	−1.03	2.47	−2.18			
2–25	70.6	4.72	23.5	1.54	2.14	−1.20	2.54	−2.17	78.4	20.3	1.4
	72.9	4.75			2.30	−0.87					
2–28	77.4	4.81	24.1	1.24	2.03	−0.86	2.46	−2.43			
2–31	84.2	4.90	23.4	1.16			2.46	−2.98	68.9	27	4.1
2–32	86.5	4.93	24.1	1.18	2.06	−1.05					
2–34	91.1	4.99	23.3	1.01	2.05	−1.05	2.52	−2.40			
2–36	95.6	5.05	23.7	1.11	1.91	−1.18			82.4	16.2	1.4
2–37	97.9	5.08	23.8	1.86	2.16	−1.22					
2–38	100.1	5.11	24.2	0.80					81.1	16.2	2.7
2–40	104.7	5.17	23.5	1.12			2.49	−2.50			
2–42	109.2	5.23	23.6	1.17							
	111.5	5.26			1.99	−1.55	2.53	−2.96			
3–1	116.1	5.32	23.1	3.11	1.86	−1.50	2.45	−2.96	68.9	29.7	1.4
3–5	125.2	5.42			2.04	−1.44	2.34	−2.93			
3–7	129.8	5.47	23.0	3.18	1.55	−1.35	2.58	−2.48			
3–11	138.8	5.58	22.6	2.70	1.88	−1.50	2.54	−2.96			
	147.9	5.68			1.76	−1.95	2.36	−3.40			
3–19	157.0	5.78	22.7	2.22	1.99	−1.67	2.40	−3.47	54.1	45.9	0
3–23	166.1	5.89	22.6	2.99	1.77	−1.84	2.43	−3.54			
3–25	170.6	5.94	21.9	3.07	2.01	−1.67	2.23	−3.06			
3–29	179.7	6.04	23.9	4.98	2.12	−1.69	2.19	−3.28			
3–32	187.5	6.10	22.2	3.67			2.47	−3.46	67.6	21.6	10.8
3–35	193.3	6.15	23.0	3.75			2.60	−3.26			
3–39	202.4	6.22	23.7	1.50	2.21	−1.97	2.44	−3.68			

Table 2 Sampled core depths; ages; sea surface temperatures (SST); fluxes of C₃₇ benthic foraminifera; relative abundance of pollens including *Castanea*, *Abies*, and *Picea*; and relative abundance of coccoliths (*Continued*)

Sample no.	Depth (cm)	Age (cal. yrs BP)	C ₃₇ alkenone SST (°C)	C ₃₇ alkenone flux (μg cm ⁻² kyr ⁻¹)	<i>N. labradorica</i>		<i>N. Stella</i>		<i>Gephyrocapsa oceanica</i> (‰)	<i>Emiliania huxleyi</i> (‰)	The other coccoliths (‰)
					δ ¹⁸ O (‰)	δ ¹³ C (‰)	δ ¹⁸ O (‰)	δ ¹³ C (‰)			
3–43	211.5	6.29	22.0	5.02	1.83	– 2.82					
4–1	216.6	6.33	23.9	1.37			2.47	– 4.94	70.3	23	6.8
4–5	225.8	6.41	23.4	2.84							
4–7	230.8	6.45			2.13	– 1.75	2.52	– 3.93			
4–11	239.4	6.52	23.1	3.23			2.52	– 2.97			
4–14	246.3	6.57			2.35	– 2.32	2.47	– 3.80			
4–17	253.1	6.64	23.8	1.61			2.48	– 3.33	73	24.3	2.7
4–20	260.0	6.71	23.3	1.08			2.60	– 2.95			
4–24	269.1	6.81	23.9	0.79	2.02	– 1.94	2.59	– 3.43			
4–27	275.9	6.89					2.74	– 3.45			
4–30	282.8	6.96	24.0	1.05	1.90	– 1.77	2.53	– 2.76			
4–35	294.2	7.09	22.7	1.72			2.61	– 3.55	55.4	39.2	5.4
4–38	301.0	7.16	23.0	0.66					47.3	48	4.7
4–41	307.8	7.24					2.67	– 4.49			
5–2	319.9	7.37	23.1	0.76			2.78	– 3.53			
5–4	324.5	7.42									
5–8	333.5	7.52	22.8	0.73			2.87	– 3.58	70.3	25.7	4.1
5–15	349.4	7.69	22.4	0.58			2.67	– 3.86			
5–19	358.5	7.79					2.87	– 4.45			
5–21	363.0	7.84	23.0	0.52			2.86	– 4.24			
5–25	372.1	7.94	24.2	0.52			2.64	– 3.72	71.6	21.6	6.8
5–27	376.7	7.99	23.6	0.54			2.79	– 3.88			

Original data of Alkenone SST and pollen are from Kawahata et al. (2009b)

Jōmon sites existed (Fig. 2b) (JOMON JAPAN; <https://jomon-japan.jp/en/>).

Mutsu Bay showed a millennial cycle of alkenone SST fluctuation with warm periods during 7.0–5.9 cal. kyr BP (av. 23.4 °C) and 5.1–4.1 cal. kyr BP (av. 23.8 °C) and cold periods during 5.9–5.1 cal. kyr BP (av. 22.9 °C) and 4.1–2.3 cal. kyr BP (22.7 °C) (Kawahata et al. 2009b) (Fig. 2a; Table 2). The mean VF1 value was enhanced in 7.7–7.1 and 5.9–5.3 cal. kyr BP and reduced in 6.7–6.1 and 4.9–4.1 cal. kyr BP (Fig. 2e). In spite of some discrepancy around 5.1–4.9 cal. kyr BP, the general pattern of SST was fundamentally found to coincide with patterns in the assemblage of Ostracoda, successful zooplankton that live mainly in cool-temperate to subarctic surface water in the northwestern Pacific (e.g., Ozawa et al. 2004; Zenina 2009) (Fig. 2e). Q-mode factor analysis using an ostracod proportion matrix determined that the first factor (VF1) accounts for 59.7% of the total variance and was characterized by highly positive factor scores of cryophilic bay species, such as *Yezocythere hayashii*

(Irizuki et al. 2015). This species inhabits the Great Bay in Russia, at water depths of 13.5–72.5 m and water temperatures of 1.71–17.85 °C (Schornikov and Zenina 2014). It lives where summer water temperatures are < 22 °C and winter water temperatures are < 7 °C (Ozawa et al. 2004); therefore, the VF1 tends to decrease as the SST increases (Irizuki et al. 2015). The profile (Fig. 2b) was strikingly similar to that of alkenone SSTs in Funka Bay, showing maxima around 6.5 and 4.5 cal. kyr BP and minima around 5.8 and 4.0 cal. kyr BP. Both graphs appear to be parallel if the reason for the difference of SST is attributable to latitude by 1° 30'.

The SST fluctuation was also consistent with the relative abundances of coccolith species. Although alkenones in the ocean are derived mainly from the prymnesiophyte coccolithophorids *Emiliania huxleyi* and *Gephyrocapsa oceanica*, *E. huxleyi* can tolerate lower temperatures than *G. oceanica* (McIntyre and Be 1967), and thus, the growth rate of *E. huxleyi* below 20 °C is higher than that of *G. oceanica* (Rhodes et al. 1995). Consequently, *E. huxleyi* is

dominant in the northern North Pacific (Harada et al. 2012). The relative abundance of *G. oceanica*, a major coccolithophore in this core, showed broad maxima at 6.7–6.3 and 5.2–3.9 cal. kyr BP, when *E. huxleyi* showed minimum abundances (Fig. 2d).

Aomori City provides hourly vertical SST, salinity, and other marine data using an automated monitoring system at east bay buoy site (41° 5' N, 140° 59' E) (Aomori fishery research institute, <http://www.aomori-itc.or.jp/uminavi/>), where SST shows a very high correlation with AT in the semi-enclosed Mutsu Bay in March to August. Therefore, the combined lines of evidence stated above generally suggest that the reconstructed SSTs (ATs) in early-midsummer peaked at around 6.5 and 4.8–4.3 cal. kyr BP and that the environments were cooler at 7.0, 5.9, and 4.1 cal. kyr BP in the Jōmon sites surrounding the Tsugaru Strait (Fig. 2a).

Annual temperature in Mutsu Bay

The $\delta^{18}\text{O}$ values measured in *N. labradorica* ranged from 2.61 to 5.61‰, averaging 3.88‰ (Fig. 2f, Table 2). The values fluctuated over the last 7.0 kyr. High-resolution analysis between 7.0 and 4.0 cal. kyr BP found maxima at 6.41–5.90 cal. kyr BP and 4.89–4.41 cal. kyr BP and a minimum at 5.85–4.95 cal. kyr BP. However, *N. stella* $\delta^{18}\text{O}$ values were 2.19–2.74‰ and average 2.50‰ (Fig. 2f). This value gradually decreased from 7.0 to 6.0 cal. kyr BP, with a small maximum during 6.0–5.35 cal. kyr BP. After 4.79 kyr BP, the value remained constant.

Oxygen isotope values of benthic foraminiferal calcite provide a quantitative temperature estimate. The oxygen isotope value of biogenic carbonate is mainly controlled by temperature (T , °C) and the oxygen isotope composition (‰) of seawater (O'Neil et al. 1969) as follows:

$$T = 16.9 - 4.38(\delta c - \delta w) + 0.1(\delta c - \delta w)^2 \quad (1)$$

where δc and δw represent the $\delta^{18}\text{O}$ of calcite and seawater, respectively. The water mass in the Tsugaru Strait in the mid-Holocene after 6.2 cal. kyr BP has been controlled by one branch of the Tsushima Current, and the salinity- $\delta^{18}\text{O}$ relationship of water has been reported from seawater samples (Kim et al. 2005). This relationship is as follows:

$$\delta^{18}\text{O}_{\text{sa}} = 0.24 \times \text{Salinity} - 8.13 \quad (2)$$

where $\delta^{18}\text{O}_{\text{sa}}$ is the $\delta^{18}\text{O}$ of each water sample. Currently, the Tsushima Current of the Tsugaru Peninsula has a salinity of approximately 34.5–34.7 in the summer (Ogawa 1974; however, Mutsu Bay has higher salinity water near the seafloor (Otani and Terao 1973). The $\delta^{18}\text{O}$ values of seawater are generally linked to the hydrological cycle and are, thus, a function of evaporation,

atmospheric vapor transport and return of freshwater to the ocean via precipitation, runoff, or melting icebergs (Horikawa et al. 2015). However, the water mass in Mutsu Bay is more dependent on the Tsugaru Current. According to the marine dataset recorded by the automated monitoring system in Mutsu Bay, its salinity is approximately 33.8 (Aomori fishery research institute; <http://www.mutsuwanbuoy.jp/timeseries/>), which converts to a $\delta^{18}\text{O}$ value of -0.018‰ . This value is comparable to the observed value ($+0.2\text{‰}$) of the Tsushima Current (Oba et al. 1991) and is higher than that (-1.0‰) of the Oyashio Current (Chinzei et al. 1987). The conversion factor from the Vienna Standard Mean Ocean Water (V-SMOW) to the Vienna Standard Pee Dee Belemnite (V-PDB) scale was performed according to Bemis et al. (1998):

$$\begin{aligned} \delta^{18}\text{O} (\text{V-PDB}) &= 0.9998 \\ &\times \delta^{18}\text{O} (\text{V-SMOW}) - 0.2 [\text{‰}]. \end{aligned} \quad (3)$$

The benthic foraminifera *N. labradorica* have had calcification temperatures of 7.8 °C for the last 1 kyr, which is comparable to the annual bottom water temperature of 7.5 °C at 61 m estimated from the extrapolation from water temperatures at 30 m (11.5 °C) and 40 m (10.2 °C) depth at east bay buoy site (Fig. 2f). Both dwell on the seafloor in the northern North Pacific, Japan Sea, and Sea of Okhotsk (Inoue 1980). *N. labradorica* consistently exhibits subsurface maxima between 1.0 and 2.0 cm, whereas *N. stella* is widely distributed on the continental shelf and thrives in the deeper subsurface and/or more oxygen-depleted ($<2 \mu\text{M}$) sediments of the Santa Barbara Basin (Alve and Bernhard 1995). This difference is supported by the lower $\delta^{13}\text{C}$ values obtained for *N. stella* relative to those of *N. labradorica* (Fig. 2g). Therefore, the $\delta^{18}\text{O}_{\text{sa}}$ of *N. labradorica* and *N. stella* can be taken to represent the annual mean temperature of bottom water and the relevant subsurface sediments, respectively (Fig. 2f). Whereas temperatures in the subsurface sediments were constant over the last 7 kyr, the annual mean temperature of bottom water was estimated to have been highest at 6.0 cal. yr BP before, decreasing at 4.5 cal. yr BP by several degrees (Fig. 2f). This cooling trend was semi-quantitatively correlated with alkenone flux, which is generally controlled by SST and the supply rate of nutrients. According to sediment trap experiments, alkenone production almost stopped during cold winter-spring seasons in this area (Kawahata et al. 2009a). Probably, annual-based warmer environments were expected to enhance alkenone flux at 6.4–5.2 cal. kyr BP (Fig. 2j).

Castanea is an important taxon of warm-temperature deciduous trees (e.g., Kitagawa and Yasuda 2004). In contrast, *Picea* and *Abies*, which are widespread in

northern temperate and boreal climates, are proxies for a relatively cold subarctic climate (Fig. 2h). Both were negatively correlated with *Castanea* ($r = 0.60$ and 0.48 , respectively) (Table 2) and showed that the climate was warmer at 5.9–4.2 cal. kyr BP, then suddenly cooled down. Accordingly, the period at 6.0–5.0 cal. kyr BP might show annual-based warmer environments than expected from alkenone SST in early-midsummer. Overall, both proxy groups propose that the Jōmon people living at the Sannai-Maruyama site would generally have enjoyed a warmer climate that led to improved living conditions between Bond events 4 and 3.

Temperature change in relation to the intensity of the Asian Summer Monsoon during the mid-Holocene

Fluctuation of the intensity of the Asian Summer Monsoon can be evaluated around Bond events 4 and 3. At first glance, a broad maximum in SSTs (ATs) around 5.0–4.2 cal. kyr BP, the Mid-Holocene Hypsithermal environment, can be clearly associated with a slightly increase in sunspot numbers although the summer (winter) daily insolation gradually declined (increased) during the last 8 kyr (Fig. 3a, f, g). Sunspot numbers estimated from variations in tree ring $\Delta^{14}\text{C}$ variation generally provide a good proxy for solar output variations (Fig. 3f). When sunspot numbers increase, the solar output increases (Usoskin et al. 2007). However, it is well known that solar radiation alone is too small to explain the amplitude of environmental fluctuation seen during this period. Additional factors such as the El Niño Southern Oscillation and/or the Asian Monsoon are required to amplify the effects and/or to trigger globally significant climatic change (e.g., Emile-Geay et al. 2007; Beaufort and Grelaud 2017; Clift 2017).

Considering short-term variations, two SST minima at 5.9 and 4.2 cal. kyr BP roughly correspond to early Bond event 4 and late Bond event 3, respectively, resulting from the North Atlantic cooling episodes identified from ice-rafted debris (Fig. 2c) (Bond et al. 1997). The forcing mechanisms are, however, less obvious than those at 8.2 ka BP (Bond event 5), when massive volumes of freshwater were released into the North Atlantic (Fig. 2c) (Alley and Ágústssdóttir 2005). There are no systematic correlations with average summer and winter insolation, volcanic aerosols, or increases in atmospheric CO_2 . It is suggested that southward migration of the Intertropical Convergence Zone might account for the low latitude aridity during Bond events (Mayewski et al. 2004) and that this would be in correlation with the increase in strength of the westerlies over the North Atlantic, enhanced precipitation, and consequent glacier advance in western North America, resulting in a 1–2 °C cooling of the North Atlantic surface waters (Bond et al. 1997). At

present, this event inhibits and weakens the Asian Monsoon (e.g., Tada and Murray 2016).

In contrast, an increased EASM could create heat energy and moisture from lower to middle latitudes in Far East Asia and the western Pacific (Qui et al. 2017). According to a simulation study, the EASM was significantly enhanced during the middle Holocene and characterized by increased southerly winds in eastern China, resulting in more rainfall in northern China with slight reductions in rainfall in southern China (Liu et al. 2014). The analysis of the relative latitudinal shift of the westerly jet from the electron spin resonance (ESR) signal of eolian dust from Chinese deserts showed large southward shifts around 6.1 and 5.1 cal. kyr BP and in 4.5–4.0 cal. kyr BP especially between Bond events 4 and 3, resulting in a southward migration of the EASM rainband (Fig. 3h) (Nagashima et al. 2013). In this condition, the mid to higher latitude in Far East Asia could experience cool arid climates (e.g., Tada et al. 2016). The result is consistent with the reduction of the EASM to around 6.1, 4.7, and 4.2 cal. kyr BP (Bond events 4 and 3), as deduced from $\delta^{18}\text{O}$ records of stalagmites in Dongge cave (Fig. 3i) (Wang et al. 2005).

There were periods of drought between 6.2 and 5.9 cal. yr BP along the middle and lower reaches of the Yangtze in China (Wang and Huang 2006; Wang et al. 2014). The environmental record from Qinghai Lake indicated that a relatively stable, warm, and humid climate at 5.83–4.90 cal. kyr BP provided conditions conducive to the development of the late Neolithic Majiayao Culture near the upper Yellow River in China. This period had the warmest temperatures and highest precipitation during the Holocene (Liu et al. 2010, 2014). Drought developed at 4.9–4.7 cal. kyr BP and may have moved eastward, continuing until around 4.0 cal. kyr BP. This is consistent with the EASM estimated from the inner shelf of the East China Sea (Wang et al. 2014). Therefore, a broad northward shift of the westerly jet, in association with strengthened EASM, could have fostered a relatively warm climate at 6.0–4.2 cal. kyr BP, when the Sannai-Maruyama site flourished. Further investigation is needed to conduct the quantitative reconstruction of the environmental parameters and evaluate the climatic and/or environmental influences on human activity.

Prosperity of the Sannai-Maruyama site by high production density by *hansai bai* of *Castanea* trees

Hansai bai of *Castanea* and *Aesculus* trees has been suggested as a strategy for food production near many Jōmon archeological site settlements in northernmost Honshu, Japan (e.g., Nakao 1976). This is supported by the analysis of pollen assemblage, nut sizes and DNA of *Castanea*, and land use at the Sannai-Maruyama site (e.g., Tsuji 2001; Sato and Ishikawa 2004). Archeologically, ecological works

emphasize the impacts of human activities on their surrounding environment. This is particularly relevant in the context of Jōmon archeology because the Jōmon people were clearly engaged in a significant level of environmental management (Habu and Hall 2013). Actually, Jōmon people could grow trees rather easily (Nishida 1981; Yokoi 1989). Based upon pollen studies, *Castanea* contributed more than 70% of the total pollen at Sannai-Maruyama site from 5.05 to 4.10 cal. kyr BP during warmer periods, in contrast to that of less than 5% in core PC-02 (Yoshikawa et al. 2006; Kawahata et al. 2009b). *Aesculus* tree tended to be more common along the valleys during relatively cold periods, contributing 30% of the total pollen (Kitagawa and Yasuda 2004, 2008). *Castanea* also served as an important building material. Six pillars approximately 1 m in diameter support a large structure built at 4.6 cal. kyr BP (Sannai Maruyama special historical site; <http://sannaimaruyama.pref.aomori.jp/english/>). Northernmost Honshu, Japan, is near the northern limit of the *Castanea* distribution in Japan (Kitagawa and Yasuda 2004). Currently, its northern limit of the commercial production is approximately 38° N (Shiosawa 1988). Therefore, the Sannai-Maruyama location is outside the present geographical range of *Castanea*. This demonstrates that from agricultural point of view, AT would have been a critical factor for people living in this area.

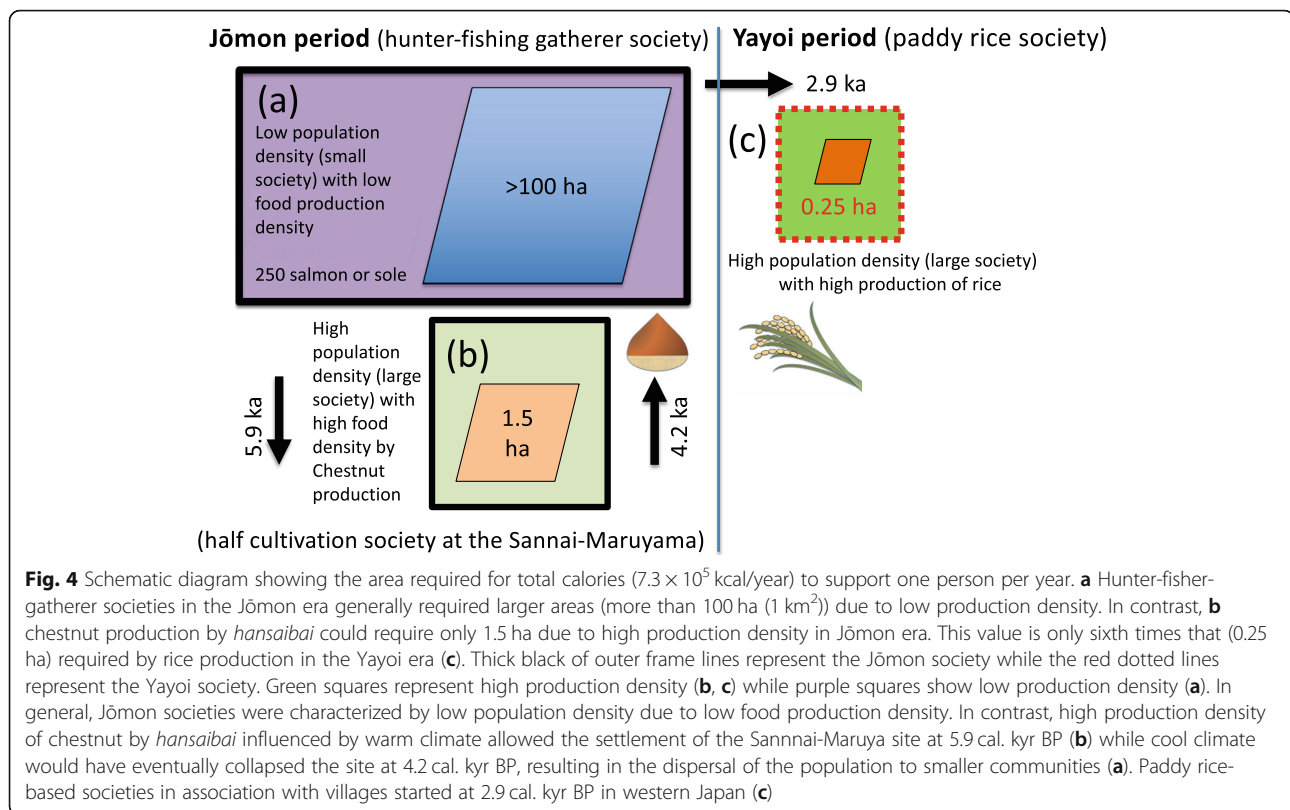
Food availability is a crucial factor for the evaluation of human activity from the basis of its production rate and density. Also it is hypothesized that the increase and decrease in settlement size at Sannai-Maruyama were correlated with the development and decline of subsistence intensification, respectively, with a focus on a particular type of plant food (Habu and Hall 2013). The community at the Sannai-Maruyama site utilized food resources such as nuts, fish, and a wide diversity of plants. Niimi (1999) tried to conduct the first-grade approximation estimates of population by assuming that chestnuts are produced over 20 km² at a density of 0.01 chestnut tree/m² and that 80% of calories are supplied from chestnut trees within 10 km walking distance of the site, from which it was suggested that approximately 2000 people might have survived in 200 km² of the area. This kind of the work provides a valuable image of Jōmon people, but the estimate might, however, be too high because a population density of 10 persons/km² is almost 10 times the estimated round number in a hunter-fisher-gatherer society. Other estimates suggest 1–2 person/km² as a maximum, constrained by food requirement in the Jōmon society (Kito 2000).

Seafood would also have been a major food source in northern Japan during the early Jōmon period due to poor vegetation in the cold climate (Kawahata et al. 2017b). This is supported by evidence that Jōmon

pottery was predominantly used for cooking marine and freshwater resources (Lucquin et al. 2016). Salmon and sole were particularly important protein sources for Jōmon people because the former could be caught easily during its annual upstream swim. Since the mean size of salmon (3 kg) provides 2800 kcal, 260 salmon are required for annual required calories per person (7.3×10^5 kcal). In order to provide the required calories for 6 persons, 5 salmon, soles, or equivalent fish must be caught daily. Coastal fishing sites associated with Jōmon settlements were generally small scale.

Chestnut is a high-calorie fruit (1.8 kcal/g) and is further enriched in protein; vitamins A, B1, B2, and C; and potassium. If 1 Jōmon person required 2000 kcal/day, a total of 7.3×10^5 kcal/year corresponded to 4.05×10^5 g/year of chestnuts. If 1 chestnut tree produces 4000 g of chestnuts, including 2800 g of edible part, it corresponds to 5040 kcal. At a production of 80 g (100.8 kcal) of chestnut/m², 0.0072 km² could be required to support 1 person for 1 year (Fig. 4a). If the rate was almost half of the modern production rate at that time, 0.015 km² should be required. This value is nearly 60 times higher than that (1 km²) required per person in the hunter-fisher-gatherer community (Fig. 4a). Paddy rice farming near permanent places of residence and metalworking advance were characteristic of the Yayoi Period (2.9–1.6 cal. kyr BP), a Japanese prehistoric period that immediately followed the Jōmon period (Sato 2001; Kono 2006). Since the calorie content of unpolished rice is 1.65 kcal/g and the Yayoi people could produce 180 g (297 kcal)/m² at the Toro site (Fig. 1a), central Japan, almost one third of its production at present, 0.0025 km² could be required to support 1 person per year (Video travel guide of Japan; http://www.mustlovejapan.com/subject/toro_archaeological_site/) (Fig. 4c). These estimates suggest that *hansai bai* of *Castanea* should have provided a sufficiently high production density—one sixths of the rice production rate, but enough to settle at a single place—and that a maximum of 90 persons might be supported only by chestnut at the Sannai-Maruyama site, including the surrounding area (1 km²). Pollen analysis in this study shows that *Castanea* constitutes only 5% of the total grains of pollen in core PC-02 (Fig. 2h). If this value is applied to the central part of the Aomori Plane (100 km²) at the same density, approximately 300 people could be supported. Although these estimates have appreciable error for the estimation, because horse chestnuts and wild game were also important additional food, the function of *hansai bai* should be the subject of future evaluation.

Although the Gini-Simpson index showed little change in the assemblage of pollen around Bond events 4–3, a warm climate could have promoted increased growth of *Castanea* whereas, during colder periods, *Castanea* may



have failed to reproduce and become susceptible to disease (Fig. 2h, i) (Shiosawa 1988). Although *Aesculus turbinata* is able to survive at cooler climate than *Castanea*, it typically grows in the lowland, along small rivers (personal communication with Ms. Ito). Therefore, if *Castanea*-dominated forests declined, the Jōmon people might have found it challenging to settle at a single place, as distances to collect food increased (Fig. 4b). Instead, it would have been more efficient to live scattered over the Aomori Plain, according to the low density of the food production due to cooler climate (Fig. 4a). This suggestion is consistent with the hypothesis that a decrease in subsistence and food diversity, which was a result of subsistence specialization, made the Sannai-Maruyama economic system more vulnerable to minor changes in other variables (Habu and Hall 2013). Although other food sources and the quantitative efficiency of *hansuibai* strategies have not been considered, these estimates nonetheless provide a framework within which to understand the correlation of population density with *Castanea*-dominated forests together with *hansuibai* in the Sannai-Maruyama site (Fig. 4b).

Dispersion of people at the Sannai-Maruyama site across late Bond event 3

The prehistory of populations in the Japanese archipelago has only recently been reconstructed. Sekine (2014)

compiled an archeological site map with the number of ruins and pit dwellings provided by Aomori Prefecture and analyzed the number of archeological sites and population versus their age (Fig. 3c). Despite a dramatic decline of AT, the number of archeological sites increased in the Aomori Prefecture as a result of dispersion to small villages. Interestingly, it is highly possible that the population never significantly changed from the last stage of the middle Jōmon to the late stage of the late Jōmon, based on estimates of the total floor space of the pit dwellings excavated. The result is generally consistent with other estimates of population changes in Aomori (Créma et al. 2016) (Fig. 3b). In general, Jōmon societies were characterized by low population densities due to low food production densities. However, a high production density of chestnuts by *hansuibai*, influenced by the warm climate, allowed the settlement of the largest Jōmon society at the Sannai-Maruyama site at around 5.9 ka (Fig. 4b). Later, cool climates would result in the collapse of the site, resulting in the dispersal of people to smaller communities in the surrounding area (Fig. 4a).

A haplotype is, in the simplest terms, a specific group of genes that a progeny inherits from one parent. Analyses of the Jōmon skeletons in Hokkaido showed that mitochondrial DNA haplogroups N9b, D4h2, G1b, and M7a were observed in individual samples, with N9b being predominant (Adachi et al. 2011; Takigawa 2012).

The fact that all these haplogroups, except M7a, were observed with relatively high frequency in the southeastern Siberians, but were absent in Southeastern Asian populations, implies that most of the Hokkaido Jōmon people could be direct descendants of Paleolithic Siberians. This is consistent with the N9b constituting about 60% of the Jōmon skeletons of the Tohoku ($N = 20$) (Adachi 2012; Takigawa 2012). Another Jōmon marker is haplogroup M7a, which might, however, originate from Southeast Asia (Shinoda 2015).

Recently, ancestral population dynamics can also be estimated based on modern Japanese molecular sequences (Peng and Zhang 2011). By examining the profile of different mitochondrial DNA haplogroups, one finds different profiles. Haplogroups N9b and M7a show the progressive population growth shortly after the start of Jōmon to the present (Fig. 3d). This could be attributed to some successful adaptive subsistence strategies well suited to changing Jōmon environments. Around 10–15% of the mitochondrial DNA pool in the current Japanese population originated from that of the Jōmon people (Fig. 3d).

In contrast to the Jōmon's haplogroups, the remaining accounts for 90–85% of modern Japanese. Most of them are descendant from the immigrants from Far East Asia after 2.9 cal. kyr BP, who had stayed considerably in China. Time series of the relative population size of total Japanese people (solid line) by Saito (2017) showed a broad minimum around 4.0 cal. kyr BP, which is consistent with those of haplogroups D4, B4, B5, and F, accounting more than half of modern Japanese (Peng and Zhang 2011) (Fig. 3d). Recently, Kajita et al. (2018) reported that extraordinarily severe abrupt cold episodes (i.e., 3–4 °C drop in SST) occurred frequently in the Yangtze delta region around 4.4–3.8 cal. kyr BP (Fig. 3e). The cold climatic event started about 0.2 kyr earlier than at the Sannai-Maruyama site, northern Japan. Hundreds of sites of Neolithic cultures have been found in the Yangtze delta region in 7.5–4.2 cal. kyr BP (Stanley et al. 1999; Chen et al. 2005; Zhang et al. 2005; Itzstein-Davey et al. 2007a, b). Especially, the Songze (5.9–5.2 cal. kyr BP) was followed by the Liangzhu (5.2–4.2 cal. kyr BP), which showed well technological and social development. Artifacts from the Liangzhu occupation have provided evidence of advanced rice cultivation. It is well known that the Liangzhu terminated mysteriously around 4.2 cal. kyr BP. Currently, the reason behind the time lag by 0.2 kyr between the first sudden drops of SST and the disappearance of the culture remains unclear. However, one possibility is that some of people might overcome a lot of obstacles by the first deteriorated climate but could be overwhelmed by extreme cold environments several times. In the Bronze Age, Maqiao culture (3.9–3.2 cal. kyr BP) appeared after a period of about 300 years without a trace of human settlement

(the so-called cultural interruption). Archeological evidence showed that the number of Neolithic cultural sites and population dramatically decreased during this period (Chen et al. 2005). In addition, the Maqiao culture might have originated from different groups from the Liangzhu people because of material less sophisticated than those of the Liangzhu (Stanley et al. 1999). The other Neolithic settlements located around the upper reaches of the Yangtze River were also abandoned (Yasuda et al. 2004). Anyway, probably, these cold episodes could bring sufficiently severe damage to rice cultivation, constituting a plausible explanation for the demise of the Yangtze Neolithic civilization by damaging population around the area. Afterward, the people living along the coast of East China Sea came to Japanese islands with paddy rice cultivation technology because Japanese paddy rice originated from China based upon its DNA analysis (Sakitani 2008; Sato 2009). On the other hand, people around the Sannai-Maruyama site managed to survive across 4.2 ka event in spite of extraordinary climate change. The contrast of these ancestral population dynamics between different groups in response to different climatic events suggests that the mitochondrial DNA haplogroups could be a good archive for paleoclimate and/or paleoenvironments. To better understand these processes, further investigation is required to reconstruct other climate parameters such as rainfall, aridity, and cloudiness to control food supply and human society quantitatively and to analyze mitochondrial DNA of Jōmon, Yayoi, and ancient Far East people.

Conclusions

The change in climate known as the 4.2 ka event has received much attention and has been cited as a plausible explanation for the collapse of major ancient civilizations/societies in Egypt, the Indus Valley, Mesopotamia, China, and Japan. The climatic/environmental fluctuation between Bond events 4 and 3 around the Sannai-Maruyama site (5.9–4.2 cal. kyr BP), the largest and well-studied mid-Holocene (mid-Jōmon) archeological site, was investigated. The contrast in response to different climatic events suggests that the mitochondrial DNA haplogroups could be a good archive for paleoclimate and/or paleoenvironments:

- 1) By using data for the stable isotopic compositions of benthic foraminifera and the relative abundance of coccoliths, as well as by re-evaluation of Ostracoda and pollen data and alkenone accumulation rate, overall, it is suggested that the Jōmon people living at the Sannai-Maruyama site would generally have enjoyed a warmer climate that led to improved living conditions between Bond events 4 and 3.

- 2) *Hansaibai* (selective preservation or growth) of *Castanea* could have supported high population density, resulting in large community at the Sannai-Maruyama site. Cooling episode at 4.2 cal. kyr BP could have caused the decline of chestnut *hansaibai*, leading to the collapse of the site.
- 3) A broad northward shift of the westerly jet, in association with strengthened East Asian Summer Monsoon, could have fostered a relatively warm climate at 6.0–4.2 cal. kyr BP, when the Sannai-Maruyama site flourished.
- 4) Recent archeological results suggested no large decline of the population but, instead, a dispersal to the surrounding area at 4.2 cal. kyr BP. It is consistent with ancestral population dynamics for the descendent from Jōmon people based on modern Japanese molecular sequences. In contrast, the immigrants from Far East Asia to the Japanese Archipelago with paddy rice cultivation technology after 2.9 cal. kyr BP experienced severe cold events in eastern China around 4.2 ka event, which were confirmed by ancestral population dynamics. The contrast in response to different climatic events suggests that the mitochondrial DNA haplogroups could be a good archive for paleoclimate and/or paleoenvironments.

Abbreviations

AT: Atmospheric temperature; EASM: East Asian Summer Monsoon; INTIMATE: Integration of ice-core, marine and terrestrial records; Vienna Standard Mean Ocean Water; SST: Sea surface temperatures; TWC: Tsugaru Warm Current; V-PDB: Vienna Standard Pee Dee Belemnite

Acknowledgements

We thank a chief editor (Prof. J. Matsumoto) and two anonymous reviewers for their helpful and valuable suggestions on improving our manuscript. We are grateful to H. Yamamoto, K. Ohkushi (Kobe University), Dr. S. Sakata (National Institute of Advanced Industrial Science and Technology (AIST), Dr. K. Minoshima, (AIST), and Ms. N. Hokanishi (University of Tokyo) for the analysis of alkenones and stable isotopes of foraminifera. Mr. H. Kajita (University of Tokyo) who drew some figures and Miss A. Maeda (University of Tokyo) who calculated diversity are also acknowledged. We gratefully acknowledged Dr. J. Habu (University of California) on inviting us to her innovative workshops operated under RIHN program of “Long-term Sustainability through Place-Based, Small-Scale Economies: Approaches from Historical Ecology” and to have fruitful discussion. This research was partly supported by Grants-in-Aid from the Japan Society for the Promotion of Science to H.K. (nos. 1934014622224009 and 15H02139).

Authors' contributions

HK proposed and designed the study. He analyzed the samples and data by himself. The author read and approved the final manuscript.

Authors' information

No special information for HK.

Funding

This work was supported by JSPS KAKENHI grant numbers 1934014622224009 and 15H02139.

Availability of data and materials

Data and materials were collected by HK under his scientific funds. But if some would like to share HK's samples, please contact the author for data requests.

Ethics approval and consent to participate

There is no part on human participants, human data, or human tissue in this manuscript. Also, this manuscript does not report on or involve the use of any animal or human data or tissue.

Consent for publication

There is no other individual person's data in any form (including individual details, images, or videos). This manuscript does not contain any individual personal data.

Competing interests

The author declares that he has no competing interests.

Received: 3 September 2018 Accepted: 24 September 2019

Published online: 31 October 2019

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